



LUNCHTIME 12 -2PM
Monday-Saturday

PIZZA OR PASTA FROM THIS MENU £6.95
2 COURSES £10.90 – MAIN COURSE £9.90

STARTERS

FUNGHI ALL' AGLIO V

Mushrooms filled with breadcrumbs butter cheese white wine & garlic topped with mozzarella cheese

GAMBERETTI MARIE ROSE

Prawns served with Marie Rose sauce

HOT SAUSAGE & PEPPERS

Sauted peppers & Calabrian sausage

PORK RIBS

Pork ribs in Tinos BBQ sauce

BLACK PUDDING

Slices of black pudding in a mustard sauce

ALETTE DI POLLO

Chicken wings in spicy sauce

PATE DELLA CASA

Homemade chicken liver pate served with Cranberry sauce toast & butter

SOUP OF THE DAY V

Freshly made soup with homemade bread

SALMONE AFUMMICATO

Smoked salmon served with mascarpone cheese & roasted peppers

MELONE V

Melon with fresh fruit

SALADS

Available as a starter or main

FETA CHEESE & BEETROOT V

Feta cheese beetroot & salad

GOAT CHEESE SALAD V

Warm goats cheese served on a caponata of Mediterranean vegetables

CAPRESE SALAD V

Fresh tomatoes Mozzarella cheese & basil

WARM CHICKEN SALAD

Warm chicken salad served with garlic mayo

MAINS

LASAGNE AL FORNO

Layers of pasta with a rich meat sauce cheese & tomato

LASAGNE VEGETARIANE V

Layers of pasta with fresh vegetables cheese & tomato

SPAGHETTI CARBONARA

Bacon and cream finished with egg yolk

PENNE ARRABBIATA

Penne pasta served with hot salami onions mushrooms chilli & tomato

TORTELLONI RICOTTA & SPINACI V

Pasta rounds filled with ricotta cheese & spinach cooked with cream & a touch of tomato

SPAGHETTI AND SPICY MEATBALLS

Spaghetti with tomato sauce & spicy meatballs

RISOTTO FUNGHI V

Italian risotto with button & porcini mushrooms

CREPE POLLO

Pancake filled with chicken mushrooms & onions served with a ham & cheese sauce topped with tomato & mozzarella cheese

SALMON TINOS

Salmon with prawns served in a rose cream sauce

BELLY PORK

Slow cooked belly pork with vegetables & roast potatoes

POLLO PICCANTE

Chicken with Tinos spicy sauce

POLLO ALLA CREMA

Chicken with wild mushrooms white wine & cream

PIZZA MARGHERITA V

Tomato & cheese

PIZZA CAPRICCIOSA

Tomato cheese ham e mushrooms

PIZZA CALDA

Tomato cheese hot spicy beef & hot salami

PIZZA VEGETARIANA V

Tomato cheese peppers onions & mushrooms

PLEASE INFORM STAFF OF ANY ALLERGIES OR DIETARY REQUIREMENTS. GLUTEN FREE MENU AVAILABLE