

## Main course

All our dishes are served with  
vegetables & roast potatoes

**\*PLEASE SEE SPECIALS BOARD  
FOR MORE FISH DISHES**

**Salmon Tinos 16.90**  
Salmon steak cooked with prawns & mussels  
in a tomato & cream sauce

**Sea Bass 17.50**  
Fillets of Sea Bass cooked with cherry tomatoes  
white wine & garlic

**Pollo Piccante 15.90**  
Chicken with Tinos spicy sauce with sweet and  
spicy peppers

**Pollo alla Crema 15.90**  
Chicken cooked with wild mushrooms and  
onions in a white wine and cream sauce

**Pollo alla Calabrese 15.90**  
Chicken cooked with sundried tomatoes,  
garlic, capers and olives in a red wine and  
tomato sauce

**Pork & Black Pudding 17.50**  
Pork fillet cooked with caramelised onions,  
balsamic vinegar, roasted peppers and slices of  
black pudding

**Pork Diana 17.50**  
Pork fillet cooked with cream, mustard,  
brandy, mushrooms and shallots

**Belly Pork 16.90**  
Slowly cooked with apple cider sauce

**Bistecca al pepe 19.90**  
Sirloin steak cooked with peppercorn sauce

**Bistecca Mostarda 19.90**  
Sirloin steak cooked with shallots, paprika, red  
wine, brandy, French mustard and cream

**Filetto allo Stilton 23.90**  
Fillet steak cooked in a Stilton cheese and port  
sauce

**Filetto alla Piemontese 23.90**  
Fillet steak cooked with wild mushrooms,  
bacon, onions and rosemary in a red wine  
sauce

**Lamb Spalle con la Menta 16.90**  
Shoulder of lamb slowly cooked with  
tomatoes, carrots, celery and mint

### Contorni

(To enjoy with your meal)

<b>Green salad</b>	<b>2.90</b>
<b>Mixed salad</b>	<b>3.50</b>
<b>Rocket and Parmesan salad</b>	<b>3.90</b>
<b>French Fries</b>	<b>3.50</b>

